

JUNE 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Leftovers Egg Salad (thaw 1 1/2lbs burger)	2 Patties Parmigiana, salad (thaw 2 cups cooked chicken)	3 Leftovers Smoky Almond Chicken Salad Broccoli Quiche with Ham (thaw 2lb burger and Jambalaya Soup)	4 Taco Salad, Guacamole	5 Leftovers Jambalaya Soup Bacon & Mushroom Bake (thaw 4 boneless breasts)
6 Grilled Chicken Salis- bury, Salad Raspberry-Almond Crumb Cake (thaw roast)	7 Tuna Patties, Tartar Sauce, Low Carb "Potato" Salad (make tartar sauce and potato salad in a.m.)	8 Laredo BBQ Pot Roast, Low Carb "Potato" Salad, Salad	9 Leftovers (thaw 4 cups cooked chicken, 1lb pork sausage, 1lb burger)	10 Stuffed Zucchini Bake, Salad Tijuana Quiche	11 Mushroom, Chicken & Sausage Casserole, Salad	12 Leftovers Bread & Butter Pickles (thaw pork roast)
13 Philly Cheesesteak Metl, Salad Jelly Candies	14 Pork Roast, Broccoli, Salad	15 Pork & Bell Pepper Stir-Fry, Salad Cheddar and Onion Quiche	16 Leftovers	17 Enchiladas Egg Salad (boil eggs, thaw 3 boneless breasts, make crepes)	18 Leftovers (Thaw BBQ pork, grill chicken breasts)	19 Chicken Caesar Salad (thaw 1lb. burger, 1lb ground pork, make ranch dressing)
20 BBQ Pork, Loaded Cauliflower, Salad Smoked Salmon Quiche with Dill (Cook bacon)	21 Roast Meatloaf, Dottie's Green Bean Casserole, Salad, Raspberry Ripple De- light (thaw 3 boneless breasts, bacon)	22 Houston Chicken, Green Bean Casserole, Salad (make BBQ sauce)	23 Leftovers (thaw 1lb burger, 1lb pork sausage)	24 No-Crust Pizza, Salad (thaw 1lb burger, thaw hot dogs)	25 Coney Island Chili "Rice", Salad Sausage Quiche (make Almond Cook- ies)	26 Leftovers (thaw 2lb burger, 1lb pork sausage, make tiramisu)
27 Full English Breakfast, Tiramisu (thaw 10oz. froz. spinach)	28 Dottie's Burger Scram- ble Florentine, Salad (thaw bacon?)	29 Leftovers Crustless Broccoli, Ba- con & Cheese Pie (thaw 2lb burger, 4 boneless breasts)	30 Salsa Chicken, Quick Zucchini, Salad			